



August 2021

Volume 87 Issue 8

Happy August everyone!

Like many younger people, Andrew and Sophie have broken up for the summer holiday and, as is customary, they both had end of year reports from their subject and form teachers. Unlike the reports we used to receive that we may have tried to secrete

away or present with trepidation to our parents, there was none of that for our two as their reports were sent by email. We were exceptionally pleased with both their attainment and effort grades and even more so the comments from the teaching staff. That led to them choosing what to have for tea last Friday, which for a change turned out to be a Chinese take-away. As is usual we each chose a main dish, plus a selection of starters. Delicious as it all was, could we

finish it? Absolutely not, and not even with a few of us having some of the leftovers the next day, and the day after! When I eventually took the decision to put the remainder in the bin it got me thinking. Could we have made do with ordering less food? It's something we'll have to consider next time we get a take-away, Chinese or otherwise.

That has led on to me thinking about where else we might be able to "make do".

Currently both Lucy and I have lease cars that I get through a salary sacrifice scheme at work. The lease on my current car ends in March next year, so I have been looking at what I might want to replace it, as the new one would need to be ordered in October or November. But, with the current car having spent most of the past year on the drive and with it looking like working from home will be the new normal in future, the thought came as to whether we

could make do with just one car. We'd see benefits in having more money each month (for pension and other savings) and have worked out that we should be able to jiggle things round if we both need to go to the office or elsewhere on the same day. We can "make do".



Sophie's latest artwork whilst off school

The same applies to us at St. Andrew's as we enter vacancy - we'll have to "make do" for a period of time, sailing without a captain but an excellent crew. Through services led by our own and visiting worship leaders; through the leadership of the Elders; through the support given to members by them and the Pastoral Team; through the talents of everyone who works tirelessly to keep everything at St. Andrew's going; to all of you who attend services and other events

in person or online; to everyone who donates financially or in other ways. Through all of that we will be able to "make do" whilst we wait with anticipation of the right candidate presenting themselves and leading St. Andrew's, guided by the Holy Spirit, to welcome all who seek God's love.

As a final thought, if we need to seek comfort in what lies ahead, remember these words from Isaiah:

Do not remember the former things,
or consider the things of old.
I am about to do a new thing;
now it springs forth, do you not perceive it?
I will make a way in the wilderness
and rivers in the desert.

Isaiah 43:18-19, NRSV

Take care everyone — God is with us!

Tim

St. Andrew's United Reformed Church

Eastfield Avenue, Monkseaton, Whitley Bay, NE25 8LU

<http://standrewsmonkseatonurc.org.uk>



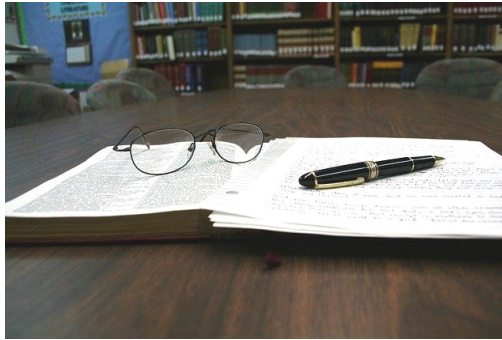
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St Andrew's Bible Study, September 2021

Following a break for the summer our Bible Study Group will resume on Tuesday

September 14th from 10.30 to 11.30 a.m. It will follow the same format as before, when a group of about 16 of us enjoyed meeting each week by Zoom. We will let you know the Bible chapter(s) to be studied a few days before the

meeting, together with a list of discussion questions to think about in advance. Following the suggestion of a group member we have decided to study some of Paul's Epistle to the Romans next; it follows on perfectly from our study of Acts in May. On the day you can join the discussion or just listen, it's up to you, but whatever you choose I am sure that you will enjoy the interesting time



of friendship and fellowship and learn a lot through the discussion of the bible and our

faith. Everyone is very welcome to join in. If you are already a member of the group we will send you out the details of the first session automatically. If you would like to join the group please send Alison your contact details. If you

need any more information about the group, or help to use Zoom, please contact Alison or Ann, or just ask any member of the group.

Looking forward to meeting again in September!

*Ann Sinclair 07932732531
eannsinclair@tiscali.co.uk*

*Alison Mood 07988908540
alison.mood@talktalk.net*

Christian Aid Appeal

The Christian Aid Global Hunger Appeal raised £303 and Elders' Meeting agreed to a further donation of £300 from church funds making a total of £603. This appeal was for funds to provide aid for South Sudan, Afghanistan and Burkina Faso where the very real threat of starvation is being faced.

Many thanks to all who contributed.

Ray Hammond and Kevin Ames



I would like to thank all those friends at St. Andrew's who have sent me Get Well Cards, E-Cards, E-Mails and Phone Messages, following my recent heart attack. Also for the lovely Church flowers delivered by Hazel. I am now home and, although progress is slow, I hope to be back at church before too long.

God Bless, *Gordon Yarrow*



Keep your burdens for the daytime

A young lady confidently walked around the room with a raised glass of water while leading a seminar on stress management. Everyone knew she was going to ask the ultimate question, 'Half empty or half full?'. She fooled them. 'How heavy is this glass of water?', she enquired with a smile. She replied, 'The absolute weight doesn't matter. It depends on how long I hold it. If I hold it for a minute, that's not a problem. If I hold it for an hour, I'll have an ache in my right arm. In each case it's the same weight, but the longer I hold it, the heavier it becomes'.

And that's the way it is with stress. If we carry our burdens all the time, sooner or later, we won't be able to carry on. So, as early in the evening as you can, put all your burdens down. Don't carry them through the evening and into the night. Pick them up again tomorrow if you must.

And remember:

- Always keep your words soft and sweet, just in case you have to eat them.
- Drive carefully... It's not only cars that can be recalled by their Maker.

- If you can't be kind, at least have the decency to be vague.
- Never buy a car you can't push.
- Never put both feet in your mouth at the same time, then you won't have a leg to stand on.
- Nobody cares if you can't dance well. Just get up and dance.
- When everything's coming your way, you're in the wrong lane.
- Birthdays are good for you. The more you have, the longer you live.
- We could learn a lot from crayons. Some are sharp, some are pretty and some are dull. Some have weird names and all are different colours, but they all have to live in the same box.
- A truly happy person is one who can enjoy the scenery on a detour.
- Save the earth ... It's the only planet with chocolate! Charlie O'Neill
- Worry does not empty tomorrow of sorrow; but it empties today of strength. Corrie Ten Boom
- Wisdom is choosing to do now what you will be happy with later on. Joyce Meyer



Author: Rene "Dikko" Dikkenberg

Wednesday Prayers at 10

Opening Prayer

As we come before You God in prayer
be with us,
give us this time to create
space for You;
time to be silent,
time to wait and listen.
Hold us in Your hands
as we come to You Lord God
and accept the prayers of Your people.



AMEN

Prayer of Confession

Gracious and loving God
We come to You to share our fears,
our frailties, our anxieties, our hopes,
our weaknesses
and ask Your forgiveness.
We come before You
for comfort,
for Your wisdom,
for the ability to see Your way clearly.
Help us Lord to be
the people You want us to be
and believe we can be.
AMEN

And in the Prayer our Lord Jesus taught his disciples:

Our Father, who art in heaven
hallowed be thy name....
For thine is the kingdom,
the power, and the glory
for ever and ever.

AMEN

Prayers of Intercession

Loving God, human needs are so great
and yet we are so small.
We come before You humbly
to offer our prayers to You.
We pray for those across the world
who are deprived in so many ways,
for those who are suffering,
bitter and fearful.

Give us strength and hope,
and through our prayers and actions,
help to reduce the world's pain.

Loving God, we pray for the
church
throughout the world,
for those who are persecuted
and risk their lives
to serve You.
We pray for a church
throughout the world

that finds new ways of living,
and comes together
to truly be the body of Christ
and bring Your Kingdom.

Loving God, we pray for
the people of this country,
and those in this community:
for the lost and lonely; for those in deep
grief at their loss of loved ones; for those
anxious about people they love.
Loving God, hold them in Your hands;
may they feel the comfort and strength of
Your love.

Loving God, we pray for ourselves,
for strength, for wisdom, and for courage,
and through our prayers and actions
bring Your love, hope and comfort
to those in need.

Loving God, we ask these prayers
in the name of Your Son,
our Lord and Saviour Jesus Christ.

AMEN

Blessing

Take us by the hand, God,
hold fast to us,
stay close to us a while.

May the Lord bless each of us,
and keep us safe in his hands. AMEN

Submitted by the Hope 4 Team

Northern Synod Prayer Diary — August 2021

1	PCM, their office staff at Church House, Khovo, Maputo. The Anglican Bishop of Jarrow, the Rt Revd Sarah Clark.
8	The work of Pastoral Committee and Convenor, Revd Joan Grindrod-Helmn; The Anglican Bishop of Durham, the Rt Revd Paul Butler.
15	Ponteland URC; St John's URC, Wideopen; St Aidan's URC, Hexham; Horsley URC.
22	St George's URC, Morpeth; Great Bavington URC; Widdrington URC; Revd Julian Sanders.
29	The RC Bishop of Middlesbrough, the Rt Revd Terry Drainey.

From our Book of Remembrance

Please remember in your prayers this month those who have gone before us.

Ada Corby

Rene Bridges

George Dudgeon Russell

Annie (Nancy) Adamson Saunders

Molly Yarrow

Robert Foster Barbour

Betty and Norman Buckle



Church Register

DEATH

CHAMBERS

on 13th June 2021,

Robert, aged 95 years.

Service and committal at Tynemouth

on 7th July, conducted by Dr Ann Sinclair.



September Newstand published Sunday 29th August.

Submissions in person or by post to Tim Cooke, 4, Kingfisher Way, Blyth, NE24 3QR,
or email to standrewsnewstand@gmail.com no later than 23rd August.

Church Calendar for August

NOTE: Sunday services will still be broadcast via Zoom and YouTube for those not able to attend in person.

Following Sunday morning worship, refreshments in the Main Hall will resume as from Sunday, 8th August.

Sunday	1	Morning Worship (in church): Dr Ann Sinclair	11.00 am
Wednesday	4	Midweek Act of Worship, followed by coffee time (all via Zoom)	10.00 am
Sunday	8	Morning Worship (in church): Mrs Helen Cooper	11.00 am
Tuesday	10	Worship Group Meeting (via Zoom or possibly in person at the church)	7.00 pm
Wednesday	11	Midweek Act of Worship, followed by coffee time (all via Zoom)	10.00 am
Thursday	12	Elders' Meeting (in person at the church)	7.30 pm
Saturday	14	Mini Market outside church	10.00 am
Sunday	15	Morning Worship (in church): Mrs Lucy Cooke	11.00 am
Wednesday	18	Midweek Act of Worship, followed by coffee time (all via Zoom)	10.00 am
Sunday	22	Morning Worship (in church): Mrs Valerie Taylor	11.00 am
Wednesday	25	Midweek Act of Worship, followed by coffee time (all via Zoom)	10.00 am
Sunday	29	Morning Worship (in church): Mrs Louise Kemp	11.00 am

Church Contacts

Secretary	Mr Raymond Hammond, anrray@talktalk.net 3 Cauldwell Close, Whitley Bay, NE25 8LP	252 3319
Assistant Secretaries	Mrs Ann Hammond 3 Cauldwell Close, Whitley Bay, NE25 8LP	252 3319
	Miss Carole Mallett 54 Brantwood Avenue, Whitley Bay, NE25 8NJ	252 1723
Treasurer and Gift Aid Secretary	Mr Kevin Ames 17 Kelso Drive, North Shields, NE29 9NS	251 3016
Assistant Treasurer	Mrs Jenny Hooper 15 Brislee Ave, Tynemouth, NE30 2SQ	—
Hall Lettings	Ray & Ann Hammond, anrray@talktalk.net 3 Cauldwell Close, Whitley Bay, NE25 8LP	252 3319
Newstand Business Manager	Miss Carole Mallett 54 Brantwood Avenue, Whitley Bay, NE25 8NJ	252 1723
Newstand Editor, Website and Social Media	Tim Cooke, standnewsnewstand@gmail.com 4, Kingfisher Way, Blyth, NE24 3QR	01670 354834
Safeguarding Officer	Lucy Cooke, cookelucy@live.co.uk 4, Kingfisher Way, Blyth, NE24 3QR	01670 354834

What am I? I'm a water melon

Prayers, thoughts and poems for this moment

Be still, my soul: the hour is hast'ning on
When we shall be forever with the Lord,
When disappointment, grief, and fear are gone,
Sorrow forgot, love's purest joys restored.
Be still, my soul: when change and tears are past,
All safe and blessed we shall meet at last.

Katharina von Schlegel, translation, Jane Borthwick

What would JESUS do?

Whenever there's a problem
And I don't know what to do
I stop right there
And ask myself
What would JESUS do?

Whenever I am feeling low
And just a little blue
I stop right there
And ask myself
What would JESUS do?

Whenever my mind goes wandering
To where it shouldn't do
I stop right there
And ask myself
What would JESUS do?

Whenever someone's unkind to me
It gets me in a stew
I stop right there
And ask myself
What would JESUS do?

Whenever days go by
And I don't know what to do
I stop right there
And ask myself
What would JESUS do?

John Winterbourne, used with permission (via ACE)

