



# NEWSTAND

THE MAGAZINE OF ST. ANDREW'S URC



*Worn with history but leading to the future*

Volume 89 Issue 01 — January 2023

# St. Andrew's United Reformed Church

Eastfield Avenue, Monkseaton, Whitley Bay, NE25 8LU

<http://standrewsmonkseatonurc.org.uk>



monkseatonurc

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# The wall is bare

*What can we hang on it to represent who we are?*



The cover photo this month is of the stone stairs at the bottom of Andrew's "stairwell" — the name given to the blocks of student accommodation within the precincts of Pembroke College (and similarly in other colleges too). Worn by hundreds of years of footfall it does make you wonder just whose feet may have ascended and descended them. Whether they became famous, made a revolutionary discovery, or just became a quietly working cog in some huge corporate machine, their spirit remains ingrained in the worn stones and woodwork. I am sure that all those who passed over those steps will have affectionate memories of their time there.

St. Andrew's too has seen its own footfall and whilst it has perhaps not had anyone quite as famous crossing its floors, we can be sure that they received St. Andrew's customary warm welcome. Whether just coming in to use the facilities as part of a hire, or more hopefully coming to join with us in taking in the Holy Spirit through God's word, music, prayer and teaching, we can hope that they too leave with affectionate memories and perhaps are encouraged to return again and again.

That warm welcome is something I am sure we will extend to Louise Sanders when she comes to St. Andrew's to preach with a view to becoming our new Minister. Whilst she is with us we all get the opportunity to determine if the Holy Spirit is guiding us to welcome her to join us. She too will be able to ascertain if the Spirit is guiding her to say "Yes" if we do make that call.

As with calling any prospective Minister, we need to show that the way we have presented ourselves and what we are seeking in a Minister in the church profile is the way folks at St. Andrew's truly are. We have cleared the wall behind us, removing some of the aspirations that weren't really "us" in our previous profile and added some others. Are we in agreement that what we are now hanging on the wall best represents us? Have we reached consensus or are there some more timid voices out there who feel unable to say what they would like to see?

That "still, small voice of calm" may be the one that truly is speaking the message of the Holy Spirit.

Make that voice be yours.

Blessings, Tim

# Activities Team update

*Time for entries in the new diary!*



## **Christmas Fair – THANK YOU!**

A huge thank you to all who gave so willingly of their time and effort in preparing for the Fair and for all the help in setting up and clearing away. As always, St Andrew's teamwork is superb! Also a big thank you to all who came to the Fair, supported the various stalls and enjoyed St. Andrew's renowned refreshments. It was a very happy and enjoyable day. Thanks to all the hard work and support a splendid total of £3,065.31 was raised for church funds and charity. We are also very grateful once again to Gary Staker (our local Funeral Director) for his contribution by way of an excellent raffle.

## **Coffee Morning – Saturday 7 Jan, 10 am – 12 noon**

This is one of our regular monthly Coffee Mornings but with the added bonus of providing an opportunity to meet informally

with the candidate for Ministry at St Andrew's who will be 'preaching with a view' on Sunday 8th January.

## **Film Club – Friday 13 Jan, 2 pm**

This month's film is *Mrs Harris Goes to Paris* (PG). Based on the novel by Paul Gallico it tells a humorously heart-warming tale about a London cleaning lady who thinks her lonely life might turn around if she can become the owner of a Christian Dior gown. To pursue her dream, she embarks on an adventure to Paris which will change not only her own outlook but the very future of the House of Dior.

## **Date for the Diary**

Ceilidh with a Scottish theme – Saturday 11th February, 7 pm. Further details elsewhere in Newstand.

***Ann Hammond***

## **February Newstand**

The next edition of Newstand will be out on 29th January. Please have contributions to Tim by 23rd January.

# Midweek Prayers at 10

For the New Year  
and every year



## Gathering Prayer

Let us give thanks  
at the start of this new year.

God behind us in the past;  
Christ before us, the way ahead;  
Christ beside us in this moment;  
Christ beneath us in our weakness;  
Christ above us to shield us;  
Christ in us, providing us with his all-  
sufficient grace.

Thus, armed, guided and protected  
we face the new year. **AMEN**

## In a Prayer of Confession

Eternal God,  
Creator, Son and Spirit,  
at the start of this new year,  
with your help,  
we would let go of the past.  
We would lay down our failures, guilt  
and shame, and lift up our eyes  
and look to the future.

Let the grace of your presence  
strengthen our resolve,  
enlighten our minds,  
clarify our wills, and inflame our hearts  
with love for you  
and for all people.

So may we live dedicated lives in  
peace, and with courage and faith.

Through the grace of our Lord Jesus  
Christ. **AMEN**

## In the prayer our Lord Jesus Christ taught his disciples:

Our Father, who art in heaven,  
hallowed be thy name,  
Thy kingdom come,  
Thy will be done  
on earth as it is in heaven.

Give us this day our daily bread  
and forgive us our trespasses  
as we forgive those who trespass  
against us.

And lead us not into temptation;  
but deliver us from evil.  
for thine is the kingdom, the power  
and the glory for ever and ever.

**AMEN**

## Prayer of Intercession our concerns for the world

God of all ages,  
as the old year passes  
help us to walk your way.  
Help us to greet your future  
and seize tomorrow's day.

As the old year passes  
we think of those loved ones no  
longer 'round us'.

God of compassion,  
heal each ailing heart.  
May we feel your loving arms  
supporting and guiding us.  
As the old year passes  
we cry for our struggling world,  
climate change and  
wars too often heard.  
Jesus, you call us  
to cherish all you give.  
Call us to your future  
where all in peace might live.  
As the new year dawns  
we praise you.  
Faithful God, come lead us  
onward in new ways  
to love and serve you

in the faith of Christ,  
with the Holy Spirit,  
people of new life.

We offer these prayers in the name of  
our Lord Jesus Christ. **AMEN**

### **Blessing**

God of all ages,  
God of the changing years,  
help us to live and love,  
to walk with you,  
bring justice and peace  
and bring the Kingdom of heaven.

### **AMEN**

*Submitted by the Hope 4 Group  
Inspiration from various writers in  
Winter, Ruth Burgess and amended*

## **Want to learn the Highland Schottische?**

Can't quite remember the Dashing White Sargent?

Come and join us on Saturday 11th February for a fun-filled evening of dancing with the Whole Shebang Ceilidh Band and the Whistler School of Highland Dance!

Tickets:

£20 adult

£10 under 18

Dancing kicks off at 7pm and continues until your feet have had enough. Tickets include traditional Scottish food and one free drink.

Tickets available in the New Year.

**Jennifer Fleetham**

# Whitley Bay and District Churches Together

*Updates from latest meeting*



**WB&D**  
CHURCHES  
TOGETHER

Hello folks, when you read this it'll be the New Year – so Happy New Year! I hope it will be a good one – 2023! And the restrictions, constraints and limits will be behind us!

Now I was going to ramble on about my life as an old 'un. However, as I attended a meeting of the Whitley Bay & District Churches Together the other night I thought I'd better write a report on it – it will be 'scintillating' reading, so perhaps I'll write to you another time!

The meeting was held at the Hillheads Community Church, which is right next to the Railway Pub! It's a lovely church – small and compact but they have strong ties with Marden Bridge Middle School. In fact they invite the pupils to visit regularly. On their last visit they were asked to design crosses! Well, you should have seen the diverse and really impressive interpretations of the CROSS!

But I digress – the opening devotions were led by Geoff Noble, leader at the church. He quoted from Paul's letters – reminding us as Christians we are needed more than ever in this troubled world to be active in our faith. 14 people attended, including Anglicans, Roman Catholics, Methodists, Baptists, URC and

Congregationalists as well as the smaller denominations.

One of the items was the possibility of producing Christmas Hampers organised by DePaul. We've supplied them with Pringles in the past. I hope we managed to send a few although it was late notice!

Another item on the agenda was providing Warm Spaces – 39 places volunteered, but at this stage the take up was low. Perhaps in January the numbers might increase. For those of you who don't know about this scheme – well, it's government sponsored and North Tyneside Council provide a grant if registered premises are opened up between 10 am – 4 pm, providing warmth, meals and company for anyone.

Next on the agenda – Parish Nurses – a group tending to the needs of people who fall beneath the radar of medical centres but NOT tending to medical needs, it's more about company and conversation.

We then had a short report from Street Pastors. I think we're all familiar with their work, only to say they're desperately short of volunteers. We were reminded they were awarded the Queen's Award for Volunteering – quite a prestigious award.

Next SWEP (Severe Weather Emergency Protocol) – kicks in from November until March – offering overnight food and accommodation for homeless people. This is based at Oxford Street Church. If you're interested in volunteering see the flier on the noticeboard in St Andrew's reception area.

Lastly a report about the Bay Food Bank – community supporting the community. Can I remind you there is a tub in the reception area if you would like to contribute. Can I just say "Thank you" to those of you who volunteer at the Food Bank but they will tell you goods are desperately needed!

Now, an important notice was given that Sue Austin is standing down as

the group's Treasurer. She assures me it is not an onerous job!?! So anyone, if you are interested please contact Valerie Taylor for more details.

The last item under Any Other Business – the ecumenical gathering in Monkseaton Village on Saturday 17th December where mulled wine, shortbread and mince pies were served.

Sorry I've gone on a bit but isn't it good that ecumenically we do so much! Let us go into 2023 emphasising our similarities as Christians, rather than what divides us. God bless you!

**Valerie Taylor  
(WBCT representative)**

## Biblical History Study Group

The next meeting of this study group will take place on Monday 30th January 2023, 2-3pm in the Minor Hall. If you wish to join us you will be very welcome.

For any further details please contact [rhodalee@btinternet.com](mailto:rhodalee@btinternet.com) or [eannsincclair14@gmail.com](mailto:eannsincclair14@gmail.com).

Thank you so much for all your messages, cards, flowers and kind thoughts. Also to the tea ladies. It was a great comfort to us following the death of my lovely daughter Barbara

**Joyce Coulson**



# Church Meeting

*A précis of the meeting held  
20 November 2022*



Copies of the Minutes are displayed on the Notice Board in the vestibule of the Church. In case you were not able to be present here is a précis of the meeting.

## **Church Secretary** reported:

Elders and Executive Team have met five times and Pastoral Team once since the June meeting.

- Measures for Covid prevention continued to be monitored to try and achieve some 'normality'.
- Support of all Worship Leaders much appreciated.
- New streaming equipment now installed – some 'tweaking' needed then training for volunteers to operate will be organised.
- Progress being achieved with improvement of lighting by installing LED units throughout the building.
- Renewal of some equipment required – due to non-use during lockdowns etc? Dishwasher, water boilers and coffee machine.
- Use of the premises increasing with more bookings of rooms.
- Activities Team pleased with number of social events especially the return of the Art Exhibition and

associated catering. Looking forward to the return of a more 'usual' Church Fair.

## **Treasurer** reported:

- Finances fortunately the same as last few years.
- Gap still between Income and Expenditure.
- Early 2022 the budget was set at a time when the future was not looking good i.e. energy costs, reduced letting of the premises and limited social activity.
- Things have however turned out better. Activities Team have excelled and passed their target and the Church Fair was still to happen.
- Fortunately the Development Fund is available to fall back on and fill the gap.

The Meeting agreed that Sue Ames, Tim Cooke, Catriona Fenwick, Hazel Hall and Iain Ord be re-elected as Elders and also that Jenifer Fleetham be elected as an Elder for the first time.

The meeting accepted the recommendations of the Pastoral Call Group and the Elders' Meeting and invited Mrs Louise Sanders to 'Preach with a View'. Full details of the

programme for the 7th and 8th of January 2023 have been circulated to the congregations of St Andrew's and St Columba's.

The meeting agreed that in the event of Mrs Sanders being called to be minister at St Andrew's, and her accepting the call, Northern Synod be informed that the Beech Grove manse was no longer needed.

The meeting agreed revision of the Rolls in respect of people who no longer had an association with St Andrew's.

Date of next meeting: Sunday 19th March 2023 following morning worship.

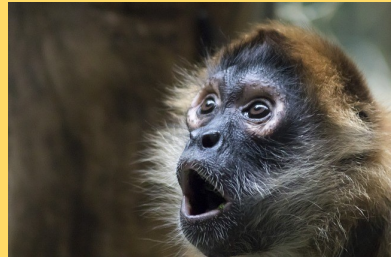
**Ray Hammond**  
**Church Secretary**

## The proof is in believing

*And you are never going to believe this!*

Do you remember a few articles ago I wrote about a problem I had at a church with no organist? And low and behold an angel called Beryl stepped in to help out and play the piano and the angel was wearing a quilted jacket. Now this didn't just happen once but twice.

On Sunday the 18<sup>th</sup> December I was out at a church in the Tyne Valley. The church was quiet, no music being played and I asked the Church Secretary about the



LukasBasel / Pixabay

pianist. I didn't think she would be there. As a student at the Scottish Episcopalian College, she is on her placement in another church. No, she wouldn't be with us, said the Church Secretary, 'but we have someone who has volunteered ... Beryl' ...and in walked Beryl with her quilted jacket on. The proof is there, angels wear quilted jackets and more times than not are called Beryl.

**Ann Sinclair**

# 58 Society reports

## *Ancient medicine and not so ancient Midwifery*

14th October 2022

Doctor Peter Jones

*From Phlegm to Haemorrhoids – Ancient Greek Medicine*

Peter gave us an intriguing talk on the development of Ancient Greek Medicine ably supported by Joan Blanchfield, who was co-opted just prior to his presentation, to read several unrehearsed synopses at various intervals during same. A brief report follows:-

Peter's presentation was a journey of the development of Ancient Greek Medicine by Hippocrates II of Kos born in 460.BC who is traditionally regarded as the father of medicine. He was the first known person to separate the discipline of medicine from religion, believing and arguing that disease was not a punishment inflicted by the gods but rather the product of environment factors, diet and living habits. The thought process of basic principles was described which included treatment followed by daily observation of the patient until improvement or death.

Although about 60 medical writing have survived that bear his name, Peter mentioned that most of them were not written by him. Hippocrates was revered for his ethical standards

in medical practice, mainly for the Hippocratic Oath which, it is suspected, he did not write. The medical theories developed by Hippocrates were mainly used by physicians for the next 2000 years.

It should be noted that to this day the Hippocratic Oath is still taken, although it has been modified to fit into the modern world, and newly graduated medical students have to take this oath. This oath is used as a general guideline in ethics in the medical domain.

22th October 2022

Una Ketteridge

*Call the Midwife*

UNA gave us an interesting and informative talk on her training as a Midwife including services provided to mothers antenatal and after delivery of their babies. A brief report follows:-

Una related that from a very young age she always wanted to be a midwife although after she left school in 1951 with no formal qualifications she started work as a shop assistant. In 1954 however she was accepted on a 4 year course to train as a Midwife at Glasgow Royal Maternity hospital (Rotten Row). Working away from home in Glasgow for the first



time was quite an experience but she loved Glasgow and although the Gorbals district was notorious for the number of gangs she never felt threatened. The gang members respected the midwives in uniform as they were aware that they worked in community supporting the poorest and unmarried women during pregnancy.

At the time of her training the hospital was the leading training centre in the country and she loved the stocking, skirt, blouse and bonnet type of hat, quite unlike today's midwives who are allowed to wear trousers. The training consisted of a 48 hour week with all lectures to be attended off duty.

The normal period in hospital at that time was 10 days for a normal delivery which is much longer than today. Una admitted that she almost fainted on her 1st delivery, but a woman giving birth was wonderful. During her training she was asked to sterilize teats

which at that time was carried out in boiling hot water but she let the water run dry and ruined the teats which resulted in telling off from Matron.

She also related a instant of a mother who was expecting quads after a 32 week pregnancy delivered 4 healthy babies who weighed in excess of 4 lbs. I believe the men and some of the ladies in the audience gasped at that fact.

In 1963 she transferred to the Princess Mary Maternity Hospital in Newcastle, had a break for her second child and then returned in 1970 as a Special Care Nurse until it closed down in 1993. She then transferred to the Royal Victoria Infirmary in Newcastle for 2 years until her retirement. Una's talk was thoroughly enjoyed by everyone and brought back pleasant memories of yesteryear for the majority of the audience.

**John Thorpe**

## Play it again, and again...

A reminder that the revised dates for St Peter's Players' production of 'Finger of Fate' and 'The Witching Hour' are 19/20/21 January at 7.30 pm in the Crosskeys Hall, Elmwood Road, Monkseaton.

Tickets, priced at £8, are available from Sue Ames or myself, or you can buy a ticket at the door, priced at £9.

These are two spookily themed short comedy thrillers - do please come and support us!

**Carole Mallett**

# So where did you go?

## *From the Light of the World to Clear White Light*



Two members of St Andrew's went to the Sage Gateshead to hear a performance of *The Messiah* on Saturday evening 17th December 2022. *The Messiah* was composed by George Frideric Handel in 1741 and the music has become synonymous with Christmas and often performed by large scale orchestras and choirs. The text was compiled from the King James Version of the Bible and the Coverdale Psalter by Charles Jenners.

Part I focuses on the prophecies of Isaiah and other prophets and in Part II on the proclamation of the shepherds before concentrating on the Passion of Christ and the Hallelujah chorus. Part III covers the resurrection of the dead and the glorification of Christ in heaven. It is a beautiful towering piece of music of joyful hope.

Another member of St Andrew's attended a concert in Newcastle on 17th December 2022. Not a million miles from Gateshead but a completely different performance: Lindisfarne Christmas Concert in the City Hall. This too has become synonymous with Christmas in Newcastle.

Lindisfarne began as a folk-rock group in 1968 and has gone through many changes in the line-up of the

band. There is new material being written but much of the concert includes favourites of the Geordie band and their followers: Fog on the Tyne, Meet me on the Corner and Lady Eleanor with fans joining in the singing with great voices. Much of their music of the band is political, written in times of strikes during the 1970s and that continues today with their songs challenging the politics of today and the injustices that permeate our society. One piece of music always stands out to me, *Clear White Light*, the lighting in the hall at this point bathes the whole area in a clear white light.

The song was written by the late Alan Hull during his time as a psychiatric nurse, so this song is not written lightly or without deep thought.

The words are a million miles away from the words of *The Messiah* yet while the text of *Clear White Light* is not specifically religious or indeed referring to Christ as the light of the world, as Christians we understand what is meant by saying Jesus is the light of the world, and the words could perhaps reflect some of the actions of Christian folk: 'Now is the time to be loving and kind to your fellow men (and women); The clear white light is going to guide us on?'

Certainly, in the performance of The Messiah there are the stories of the Messiah drawn from the Bible and magnificent music with the Message. But I wonder, in the modern day, could Clear White Light be another way for folk, who have not met with Christ yet, to prompt them in their thinking -have their thoughts disturbed with the words of Clear White Light and bring the meaning of the love and action of Christ to unbelievers? We all come from different backgrounds and whether we listen and appreciate the magnificent words and music of The Messiah by Handel, or Lindisfarne Group each brings a message. The messages might seem a million miles from each other, but I wonder. The message is to all in the story of the Messiah and in Clear White Light a message to others, those for whom 'church' and 'faith' are not part of their lives, and those who others would see as being on the edges of our society. The Messiah has its great story, and on a much smaller scale Clear White Light could do the same? Wasn't that the mission of Christ...to bring everyone in to know the love of God? Just a thought.

Do you believe  
The clear white light  
Is going to guide us on?  
Running along the ground  
singing a song in the morning  
light  
Follow flowery fields as far as  
out of sight

Turning your head to the  
clouds and the skies and the  
trees  
'Cause you never know what  
you might see.

Do you believe  
The clear white light  
Is going to guide us on  
The way?

Seeing the sun as it wants to  
be seen by ev'ryone  
Melting the sky throw a hole in  
your eye where the magic  
comes

Turning your heads to the skies  
with the clouds in your eyes  
'Cause you never know what  
you might find

Do you believe  
The clear white light  
Is going to guide us on  
The way?

Now is the time to be loving  
and kind to your fellow men  
Seeing the sympathy starting  
out all over again

Now is the time to give love  
just one more go

'Cause you never know what  
you might know

And I believe  
The clear white light  
Is going to guide us on

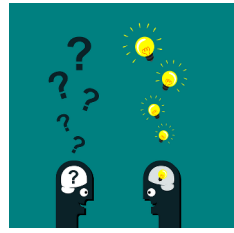
Yes, I believe  
The clear white light  
Is going to guide us on

*Songwriters: James Alan Hull*

***Ann Sinclair***

# Answers before New Year

*And then time for a break*



nugroho dwi hartawan/  
Pixabay

## **As complicated as maths gets**

2+8+9=10 (first letters of the numbers)

## **Colour me pretty?**

Green because the others are seas.

Dead because the others are colours.

## **Mechanical words?**

Authentic is the only one that needs both hands of a touch typist.

## **Rising to the occasion**

Teetotal - starts with the last of the Do-Re-Mi scale.

## **Must try harder**

Removing a score of zero in one test would give me an average of 76.5%.

## **Testing my ancient Geography**

Exeter, is the only one that doesn't start with a Roman numeral (it just sounds like it does!).

## **Letter by letter**

R in each case, to complete the last letters of the months of the years

## **Is this more addition?**

WithIN, BrowSE, DireCT making INSECT

## **Fruity footie**

Denmark would hold a melon (or any other fruit or vegetable starting with the middle letter of the country

*More questions next month  
(with luck).*

## **Newstand Annual Subscriptions**

A reminder for Newstand subscribers that the annual payment will shortly be due, and I shall be grateful if you will arrange for the money to be paid to your distributor (or to myself if you normally pay me direct), before the end of January, please.

The annual payment for 2023 remains at £12.00, i.e. 12 issues at £1.

Should anyone wish to change from buying Newstand at the door each month, to paying annually and having their copy of the magazine delivered to their home, please contact me.

Thank you.

**Carole Mallett**

# From the Book of Remembrance

*Remembering those who have gone before us*

John Saunders

Frances (Fran) Birt

Michael James Blackah

Elizabeth Tait

Isabella Paxton Barbour

Elizabeth Ettridge

Ruby McPhee

Denise Muriel Swinton Tancock

James Raymond Lisle

Amy Adam

Geoffrey Smith

Joseph Lee

## Wow!

What a great success the Christmas Fair was, both socially and financially. Thanks go to all members and friends of St. Andrew's who helped or contributed in any way towards the fair, which raise in excess of £3,000.

Thanks again,  
**Kathleen Hopper**

## St. Andrew's 100 Club

*You have to be in it to win it!*

The November draw took place on 27th November, when Joan Blanchfield drew the following numbers:

1)	Number 68	Douglas McFarlane	£118.50
2)	Number 20	Phil Brown	£59.25
3)	Number 47	Barbara Watson	£19.75

With £197.50 going to Church Funds.



**Kathleen Hopper**



# January Rotas

*New Year, new rota!*



- Elders:** **Vestry** Bill Hopper;  
**Reception** Chris Hales;  
**Communion** Carole Mallett
- Stewards:** **Vestibule** Mary Christopher;  
**Finance** Robin Christopher
- Sunday 1st** Preacher: Lucy Cooke Organ: Paul Hartley  
Prayers of concern: Andrew Cooke  
Readers: Andrew Cooke/ Kevin Ames
- Tuesday 3rd** Prayers: Una Ketteridge
- Sunday 8th** 9.30 Let's Sing: Mandy Watson  
10.15 Prayer Group: Mandy Watson  
11.00 Preacher: Louise Sanders Organ: Helen Storey  
Prayers of concern: Chris Hales  
Readers: Kathleen Hopper/ Catriona Fenwick
- Tuesday 10th** Prayers: Ray Hammond
- Sunday 15th** Preacher: Ann Sinclair Organ: Paul Hartley  
Prayers of concern: Barbara Burgess  
Readers: Barbara Burgess/ Sandra Pine
- Tuesday 17th** Prayers: Sandra Pine
- Sunday 22nd** Preacher: John Paul Organ: Alex  
Prayers of concern: Hazel Hall  
Readers: Celia Purves/ Mary Christopher
- Tuesday 24th** Prayers: Carole Mallett
- Sunday 29th** Preacher: Val Taylor Organ: Paul Hartley  
Prayers of concern: Val Taylor  
Readers: Hazel Hall/ Alison Mood
- Tuesday 31st** Prayers: Sue Ames

# Church Register

## *Details of those recently departed*



### **DEATHS**

- CARR Frank, aged 80 years,  
on 26<sup>th</sup> November 2022.  
Service and committal at Whitley Bay  
on 15<sup>th</sup> December, conducted by  
Revd Gordon Connacher.
- DIXON Peter, aged 84 years,  
on 1<sup>st</sup> December 2022.  
Service at St Andrew's on  
20<sup>th</sup> December, followed by  
committal at Whitley Bay,  
conducted by Dr Ann Sinclair.
- HERD Kathleen.  
Service and committal at  
Whitley Bay on 20<sup>th</sup> December.
- BURNETT-WHITE Florence, aged 102 years,  
on 3<sup>rd</sup> December, 2022.  
Service and committal at Whitley Bay  
on 21<sup>st</sup> December, conducted by  
Mrs Valerie Taylor.
- TURNBULL James Alexander (Jim), aged 90 years,  
on 4<sup>th</sup> December, 2022.  
Committal at Whitley Bay on  
23<sup>rd</sup> December, followed by service  
at St Andrew's, conducted by  
Dr Ann Sinclair.

# Church Calendar for January / February

Sunday services are broadcast via YouTube for those not able to attend in person or just to watch again in your own time (search for "monkseatonurc").

Following Sunday morning worship, refreshments are served in the Main Hall.

**Midweek Worship:** Tuesday 10 am followed by Open Door Coffee Morning.

**Open Door Coffee Morning:** Thursday 10.30 am - Noon.

<b>Sunday</b>	<b>1</b>	<b>Communion Service; Mrs Lucy Cooke</b>	<b>11.00 am</b>
Saturday	7	Coffee Morning (see details on page 4)	10.00 am
		Evening Event at St Columba's	6.00 pm
<b>Sunday</b>	<b>8</b>	<b>'Let's Sing'</b>	<b>9.30 am</b>
		<b>Prayer Group</b>	<b>10.15 am</b>
		<b>Morning Worship; Mrs Louise Sanders (followed by lunch &amp; Church Meeting)</b>	<b>11.00 am</b>
Monday	9	Activities Team Meeting	2.00 pm
		Fifty Eight Society – 'The Merry Monarch'	7.30 pm
Tuesday	10	Finance Team Meeting	10.00 am
Thursday	12	Italian class	10.00 am
		Elders' Meeting	7.30 pm
Friday	13	Executive Team Meeting	10.00 am
		Film Club – 'Mrs Harris goes to Paris'	2.00 pm
<b>Sunday</b>	<b>15</b>	<b>Morning Worship; Dr Ann Sinclair</b>	<b>11.00 am</b>
<b>Monday</b>	<b>16</b>	<b>Monday afternoon service &amp; refreshments; Worship Group+Activities Team</b>	<b>2.00 pm</b>
Thursday	19	Italian class	10.00 am
<b>Sunday</b>	<b>22</b>	<b>Morning Worship; Revd John Paul</b>	<b>11.00 am</b>
Monday	23	Fifty Eight Society – 'The Wildlife of St Mary's Island'	7.30 pm
Thursday	26	Italian class	10.00 am
<b>Sunday</b>	<b>29</b>	<b>Morning Worship; Mrs Valerie Taylor</b>	<b>11.00 am</b>
Monday	30	Biblical History class	2.00 pm

# Pause in this moment

A place for  
prayers,  
thoughts  
and poems



## **A prayer for Epiphany**

O Lord Jesus Christ, heavenly King,  
we thank you that you have brought both  
Jews and Gentiles to hear your voice,  
and from their number you have gathered  
and established your Holy Church and  
perfected your praise out of their mouths.  
Keep us in that wisdom  
which you revealed to the Wise Men.  
Grant us your Holy Spirit, that we may  
always seek you and your kingdom.  
Enable us to follow your Holy Word, as those  
from the East followed the leading of a star.  
Always give us grace, and in all places, to  
confess your holy name.  
Rule us by your Spirit, so that the joys of your  
birth may increase in us.  
Hear our prayers and cries. Accept our  
offerings, which you yourself have given us:  
the gold of our faith, the incense of our  
prayers and the myrrh of our contrite hearts.  
Deliver us from the destructive ways of error  
and sin, and by your Holy Spirit lead us in the  
ways of peace and in the paths of  
righteousness.  
Grant us all, when this life is done, a  
participation in the joys of the Year of  
Jubilee in heaven, where we shall praise  
and serve you and the Father who live and  
reign in unity with the Holy Spirit,  
now and forever.  
Amen.

*From [acollectionofprayers.com](http://acollectionofprayers.com)*