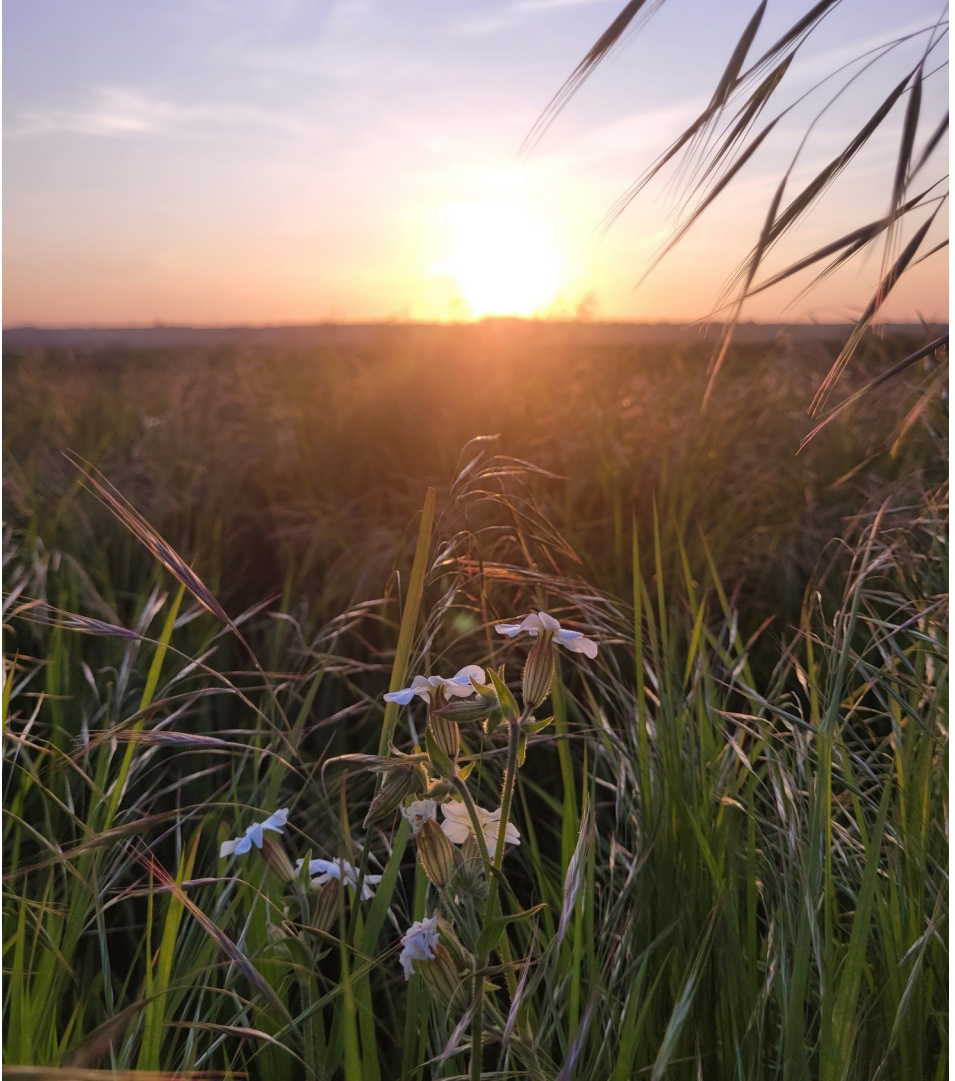




# NEWSTAND

THE MAGAZINE OF ST. ANDREW'S URC



*The day thou gavest, Lord, has ended.*

Volume 89 Issue 07 — July 2023

# St. Andrew's United Reformed Church

Eastfield Avenue, Monkseaton, Whitley Bay, NE25 8LU

<http://standrewsmonkseatonurc.org.uk>



monkseatonurc

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# Overcoming life's struggles

*Is it God's challenge to make us stronger?*



Gaby / Pixabay

It's been a bit of a strange few weeks since the last full edition of Newstand to say the least, and I'm grateful to those who managed to compile the newsletter in June to keep you up to date on, well, the important dates in the month. We as a family are also most grateful to all at St. Andrew's and beyond who offered prayers, cards, flowers, gifts and so much other support whilst we were trotting back and forth to Addenbrookes Hospital and further afield till we were finally able to bring Andrew home. Although not completely out of the woods yet, the surgery seems to have been successful and he just needs time to fully recuperate and hopefully the residual symptoms will soon pass. There have been many times of worry and struggling with the situation, but we can now focus on returning to "normal" (whichever iteration of "normal this is!").

This short piece struck a chord after all we have gone through, so I'll just leave it with you rather than rambling this month!

## **The Struggle**

A man found a cocoon of a butterfly. He took it home so that he could watch it come out of the cocoon. On that day, a small opening appeared.

He sat and watched for several hours as the butterfly struggled to force itself through that little hole.

Then it seemed to stop making any progress and appeared able to go no further. It just seemed stuck. So that man in his kindness decided to help. Taking a pair of scissors, he snipped off the remaining bit of the cocoon. The butterfly then emerged easily.

The man expected that at any moment, the shrivelled wings would enlarge and expand and the swollen body would contract and the creature would flutter by. It did not happen! In fact, the butterfly spent the rest of its life crawling around. It was never able to fly.

The man in his kindness and haste did not understand the restricting cocoon and the struggle required to get through the tiny opening were God's way of forcing fluid from the body of the butterfly into its wings, so that it would be ready for flight.

Sometimes, struggles are exactly what we need in our lives. If God allowed us to go through our lives without any obstacles, it would cripple us. We would not be as strong as we could have been. We could never fly!

Take care and blessings,  
Tim

# Activities Team update

More things to look forward to!



## **Coffee Morning – Saturday 1st July, 10 am – 12 noon**

This is one of our regular monthly Coffee Mornings which provide an opportunity to meet with friends over a cup of coffee. There will as usual be a raffle.

## **Film Club – Friday 14th July, 2 pm**

This month's film is *Ticket to Paradise* (12) and is a romantic comedy set in a stunning location. It stars George Clooney and Julia Roberts as a divorced couple who team up to stop their lovestruck daughter from making the same mistake they once made. The film is described as a "joy to watch".

## **Play Reading Evening – Saturday 15th July, 7 pm**

We have another opportunity either to take part or just listen to a play, usually a comedy, being read and these evenings are proving to be entertaining and sociable occasions.

If you haven't been before why not come along and give it a try? Tickets are available at £5 (to include wine/soft drinks and nibbles).

## **Monday Afternoon Service - 17th July, 2 pm**

This service led by the Worship Group is particularly for those who find difficulty in attending the usual Sunday morning services but **all** are welcome. As usual, refreshments will be served afterwards.

## **Granny's Attic Coffee Morning – Saturday 5th August, 10 am – 12 noon**

This is the usual monthly Coffee Morning with a difference! There will be extra stalls of bric-a-brac, jewellery, books etc. Do come along to browse and hopefully buy!

## **Date for the Diary**

Film Club – Friday 11th August, 2 pm

**Ann Hammond**

It took hundreds of thousands of years for the world population to grow to 1 billion (in 1804)– then, in just another 200 years or so, it grew sevenfold. In 2011, the global population reached the 7 billion mark, and today, it stands at over 8 billion. It's expected to grow to around 9 billion in 2037 and 10 billion in 2058.

# Midweek Prayers at 10

## Peace on life's journey



Dave Roberts / Walking the West Highland Way.co.uk

*Your word is a lamp to guide my feet  
and a light on my path.  
Psalm 119 v 105 (NLT)*

### **OPENING PRAYER**

God of our journeying,  
Inviting us to travel with You,  
we are held in this moment  
of stillness and peace.  
Be with us at this time,  
surround us with Your  
presence, strength, calm and love.

We open our hearts to receive God's  
welcome. **AMEN**

### **Prayer of Confession**

God of our journeying,  
inviting us to travel with You,  
forgive us when we cling to outworn  
security,  
afraid to let go of what is safe and  
familiar.

God of our past,  
reconcile our brokenness.

God of our future,  
renew our faith.

God of the present moment,  
reach out and touch us  
and through us,  
the lives of all we meet  
on our daily journey.  
May we be made whole  
through the holiness  
of God the Father,  
the humanity  
of Christ the Son,  
and the healing power of the Holy  
Spirit. **AMEN**

### **The Lord's Prayer**

Our Father who art in heaven,  
hallowed be thy name...  
For thine is the kingdom, the power  
and the glory for ever and ever.  
**AMEN**

### **Prayers of Concern for the World**

God of our journeying,  
we come with our sense of the world's  
pain,  
we come with our helplessness and  
confusion,  
we come with our anger at

oppression,  
we come with our doubts and hopes.

In places in the world torn by war and violence,

in places of the world where lives are crushed by poverty and debt,

in places of the world where people live in fear of

Imprisonment and torture for their politics and beliefs.

Journeying God we cry out to You for healing.

In homes where violence and abuse are part of daily lives,

in neighbourhoods where

unemployment and crime

have fragmented communities,

in a society where prejudice and fear cause division and hatred,

Journeying God, we cry out to You for healing.

In the lives of people who are suffering grief and loss,

in the lives of people living with pain in body and mind,

in the lives of people whose dreams and hopes have died,

Journeying God we cry out to You for healing.

We come to You, Journeying God, in faith

that You can work through us and with us

to bring healing to our broken world.

We offer these prayers in the name of Your Son our Saviour and Lord -Jesus Christ. **AMEN**

### **BLESSING**

May the God who guides our journey, Christ who bears the suffering of the world, the Spirit who empowers us with gifts of life, fill us with courage, wisdom and joy as we journey on.

Give us courage to journey with You to new ways and joyous adventure.

**AMEN**

***Ann Sinclair***

*Inspiration Jan Berry and Ruth Burgess*

## **Bible Study**

Through different circumstances the Bible Study Group at this present time are on sabbatical and not meeting together. However, there is always the opportunity to study at home. We intend to recommence at the end of September.

***Alison Mood and Ann Sinclair***

# Churches Together

*Working with our friends  
in Christ in Whitley Bay*

**Whitley Bay & District  
CHURCHES+TOGETHER**

## **WHITLEY BAY & DISTRICT CHURCHES TOGETHER MEETING ON 24th MAY 2023**

This report will be short as there has been nothing much happening since the last meeting.

The opening devotions were led by Colin Raistrick, the secretary. He gave a potted history of John Wesley, reminding us of the statue in London. The meeting was held at St John's Methodist Church and attended by 17 people.

There were two outstanding pieces of news, one being the resignation of our chairman, Alan Dickinson. He is about to take up his position as Dean of the St Leonard's Society which will entail a lot of travelling. If you have the opportunity to read about St Leonard, it is worth the time.

The other piece of news is the appointment of a new treasurer. It is our own Jenny Hooper, we wish her well.

The appointment of a new chairman is yet to be decided; possibly at our next meeting on 14th September – venue to be decided.

I'm going to just list appropriate dates of future events:

**2nd July** – Whitley Bay Fiesta – all day in centre of town.

**October** – Art Exhibition and Sale at the Dome, proceeds to go to the Bay Foodbank.

**Other news** – Parish Nursing awaiting charity recognition. Christmas Carol event (2023) to be organised.

That's all folks!

**Valerie Taylor**  
**WBCT Representative**

## **Ordination and Induction of Louise Sanders**

Planning is now well underway for the Service of Ordination and Induction which is to be held on Saturday 29th July at 2.00 pm.

In due course a list will be available in the Reception Area for people to sign if they intend to be present. This is to assist with seating and catering arrangements.

**Ray Hammond**

# A fond farewell

The Moderator prepares for retirement



Dave Herbert's Farewell Service is being held at 3.00 pm on Sunday 30th July at St James's United Reformed Church, Northumberland Road Newcastle.

If you intend to attend could you please let me know by Sunday 9th July so that I can advise the Synod Office in order to assist with catering.

The work of the Moderator largely goes unseen unless you are actively involved at Synod. However you may have seen Dave on the occasions when he has led worship here at St Andrew's. A Moderator's work is often in the background and there have been two specific examples for ourselves where we are grateful for Dave's support, firstly the Revd Carla Grosch-Miller's ministry with us and now the forthcoming ministry of Louise Sanders.

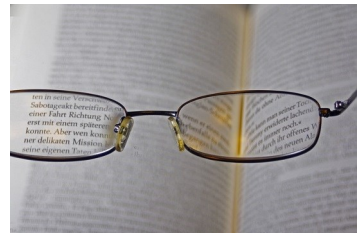
As a church we will be contributing to Synod's farewell gift but if you wish to make a personal contribution please contact me.

**Ray**

## Visual aids

*A way to feel more included in worship*

If you find even the large print versions of hymn books and service sheets difficult to read, Jean Jackson can provide hymns, songs and responses in large print in your own folder.



Günther/Pixabay

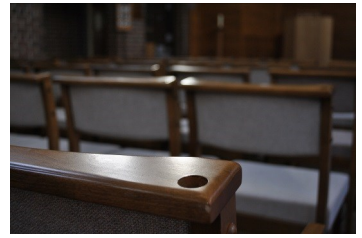
## Text will be this size

Please speak with Jean or your Elder if you would like further details.



# Missing a meeting?

*Here's an update on Church matters in lieu of one*



There was no Church Meeting in June! Sorry if you missed having a meeting but with all that was going on we decided to postpone holding a meeting until September when the next one is due and when Louise will be with us.

During the last couple of months we have been particularly involved with planning for Louise's Ministry. The discussions centred around the Terms of Settlement, the alterations to the Vestry to provide an office, the preparation of the service and financial discussions for Louise's occupation of St George's Manse. We are continuing to have to look after the Beech Grove Manse until it is sold.

At church we have had a Quinquennial Inspection, organised

and paid for by Northern Synod, resulting in a 57 page document which sets out a programme of work required to be undertaken - more of that later! Also we have continued with the replacement of light fittings with LED fittings to reduce our energy costs.

We have just received a letter from the solicitor acting for the late Miss Joan Hindmarch informing us that in her Will Joan left £1,000 to St Andrew's. Executive Team agreed that this be allocated to pay for the refurbishment of the servery (which should have been completed by the time you read this) as Joan was a great tea maker for the Ladies Guild and Wednesday Fellowship.

**Regards,  
Ray**

## **I asked for strength...**

God gave me difficulties to make me strong.

I asked for wisdom...  
and God gave me problems to solve.

I asked for prosperity...  
and God gave me brain and brawn to work.

I asked for courage...

and God gave me danger to overcome.

I asked for love...  
and God gave me troubled people to help.

I asked for favours...  
and God gave me opportunities.

I received nothing I wanted...  
I received everything I needed!

# You've got that quizzical look

## Answer's to May's questions



- Which is the odd one out?  
Gloucester  
Leicester  
Northampton  
Sunderland  
Inverness  
Hereford  
Sunderland is the only one that isn't the county town of a Shire of the same name.
- If I put a child's blocks into their storage box 2 at a time there is one space left, 3 at a time, 2 spaces, 4 at a time, 3 spaces, 5 at a time, 6 spaces and 7 at a time there are no spaces. How many blocks does the child have?  
119 blocks
- Which is the odd one out? (there could be more than one reason!)  
Silver      Gold  
Platinum      Palladium  
Carbon      Diamond  
The first 6 are elements with diamond just being a form of carbon. All except Carbon are used in jewellery.
- What comes next?  
31, 59, 90, 120, 151, 181, ?, ?  
212 and 243, being the sum of days in consecutive months.
- What comes next?  
Face  
Grace  
Woe  
Go  
Loving and Giving from the "Monday's Child" rhyme
- Which 4 letter word can be added to these to make new words?  
Over  
Shift  
Believe  
Weight  
Up  
Add Make to the start
- Which is the odd one out?  
White  
Car  
Ability  
Hand  
Hog  
Add "wash" to the end of all except "Ability"

# Journeying

## *Through the bible and our own church life*



Steve Buissinne / Pixabay

### *Genesis 12: 1,4-9*

The Lord had said to Abram, "Go from your country, your people and your father's household to the land I will show you.... So Abram went, as the Lord had told him; and Lot went with him. Abram was seventy-five years old when he set out from Harran. He took his wife Sarai, his nephew Lot, all the possessions they had accumulated and the people they had acquired in Harran, and they set out for the land of Canaan, and they arrived there. Abram travelled through the land as far as the site of the great tree of Moreh at Shechem. At that time the Canaanites were in the land. The Lord appeared to Abram and said, "To your offspring] I will give this land." So, he built an altar there to the Lord, who had appeared to him. From there he went on toward the hills east of Bethel and pitched his tent, with Bethel on the west and Ai on the east. There he built an altar to the Lord and called on the name of the Lord. Then Abram set out and continued toward the Negev. (NIV)

### *The Gospel of Luke 9:1-6*

When Jesus had called the Twelve together, he gave them power and authority to drive out all demons and

to cure diseases, and he sent them out to proclaim the kingdom of God and to heal the sick. He told them: "Take nothing for the journey—no staff, no bag, no bread, no money, no extra shirt. Whatever house you enter, stay there until you leave that town. If people do not welcome you, leave their town and shake the dust off your feet as a testimony against them." (NIV)

Stories of journeys in the Bible are plentiful. The people of faith have a long history of journeying and the Readings from Genesis and Luke are only two that give us a glimpse of the journeys undertaken in faith.

Journeying is part of the life of faith and belief in God.

Individually each of us are on a journey through our lives as Christians but corporately the church has also been on a journey to where churches are today, each denomination including the URC. On a train journey a few days ago I passed by Ely and the magnificent cathedral. I visited the cathedral a number of years ago while I was in that area as part of my studies, on my journey as a Lay Preacher. Inside the Lady Chapel tucked around the sides are small damaged statues and they have been left like that as a reminder of the

destruction by Henry VIII during the Reformation in Tudor England. This was a time of unprecedented change and a breakaway from authority of Roman Catholic Church.

The journeys of church and the people of faith would sometimes seem to have been disturbing times, revolutionary and chaotic. The emergence of a non-conformist denomination didn't have a straightforward journey either and came from a combination of theological ideas, political realities and personal spiritual journeys.

Looking back in history names such as Luther, Calvin and Tynedale were all in that mix. Leaping forward Revd. Ian Paisley and MP Tony Benn were highly vocal in the political debates of the establishment of the URC prior to its establishment in the 1970s.

The journey of faith has from Abraham never been straightforward. But the journey goes on and change is inevitable and not always chaotic and traumatic. During the pandemic change to the way we worshipped was instant, but we coped in other

ways. There are always ways to continue the call to follow Christ and to be his hands and feet in the world. The call for God's kingdom here on earth remains. The church is alive with the grace of God, and the love and compassion of Christ remains steadfast no matter what happens around us. We as the people of the URC at St Andrew's have change coming soon, a new minister Louise, the first time in the history of this church that a woman minister has been called not to a church in chaos but people open to receive her, people who called her with joy. As we prepare for her Ordination and Induction we pray for Louise and each one of us joins with her, her husband Julian and their family on our journey together with the living God and each of us will walk with Louise, a new joyous adventure with Holy wisdom on the next steps in all of our journeys.

**Blessings**  
**Ann Sinclair**

## A couple of questions

1. Which are the odd ones out in these sets and why?
  - a) Mount, Right, Left, Roll, Emote, Lock
  - b) Fort, State, Peach, Motion, Cling
2. If I give Sophie four of my chocolates, she'll have the same number as me. If she gives me four of hers, I'll have twice as many as she does. How many do we each have to start with?

# Giving a little back

## Charity presentation

Each year 10% of all money raised by fundraising activities at St Andrew's is donated to charities chosen by church members.

In May representatives from North Tyneside Young Carers Service and the Great North Air Ambulance came to St Andrew's to receive cheques for £300 each. They each spoke about their respective charities and the valuable work which is carried out.



L to R: Revd Dave Herbert (Northern Synod Moderator), Ann Hammond (Activities Team Convener), Karen Andrew (Great North Air Ambulance Service) and Peter Thorp (North Tyneside Young Carers)

# Content with what you're reading?

## Bringing more to Newstand

A timely reminder, given I struggled a bit to fill some of the gaps in Newstand this month, that contributions are always welcome, be they prayers, poems, photographs, favourite bible passages (with a little explanation why), (clean) jokes, quiz questions, highlights from your own Christian journey, or more secular items that may be of interest. Any length is appreciated, though ideally not more than 350-400 words if a longer item.

Thank you in anticipation!

**Tim**

- In the end, we will remember not the words of our enemies, but the silence of our friends. (*Martin Luther King Jr*)
- In theory, there should be no difference between theory and practice. But, in practice, there often is.
- It is better to talk about God less and talk to Him more.
- It is what you do when you have nothing to do that reveals what you are.

**St Andrew's Church, Eastfield Avenue**

**Granny's Attic**

# **Coffee Morning**

**Saturday 5th August 2023**

**10.00am to noon**

**bric-a-brac**

**books**

**jewellery**

**jigsaws**



**In aid of charitable works and church funds**

# Archaeology and Creativity ...and the Bible?

*Festival of British Archaeology*  
16-31 July

This year's Festival of Archaeology theme is 'Archaeology and Creativity'. It runs from 16-31 July and is organised by the Council for British Archaeology who describe the festival as incorporating 'hundreds of in-person and virtual events delivered by community groups, heritage organisations, universities, commercial units, and more in-person and online across the UK.'

Archaeology, say the organisers, is at its heart a creative process. It's about exploration and imagination; it's visual stimulation and inspiration; it's the process by which we create memory and meaning. By drawing on innovative technologies and using a wide range of tools archaeology helps us think about the world we live in. It is about storytelling and archaeologists use creative practices such as art, music, creative writing, poetry, and theatre to bring to life the material the archaeologists uncover, and the stories of the places and people around us.

Christians believe that the Bible, the oldest collection of historical writings known to exist, is the true history of God's Creation, so how do archaeologists view the Bible? Here are two quotes taken at random from <https://infostudenti.net/en/hasnt-archaeology-disproved-the-bible/> in response to the question: Hasn't archaeology disproved the Bible?

'It may be stated categorically that no archaeological discovery has ever



torfic84 / Pixabay

controverted a Biblical reference. Scores of archaeological findings have been made which confirm in clear outline or exact detail historical statements in the Bible. And, by the same token, proper evaluation of Biblical description has often led to amazing discoveries.' – Dr Nelson Glueck, *Rivers in the Desert*, (New York: Farrar, Strous and Cudahy, 1959), 136.

'There can be no doubt that archaeology has confirmed the substantial historicity of Old Testament tradition.' – Dr. William F. Albright, *Archaeology and the Religions of Israel*. Johns Hopkins University Press, Baltimore, 1956, p. 176.

These quotes, and 10 others listed agree that the Bible is an accurate record of the many different historical events that have been recorded by both Old Testament and New Testament writers. Indeed, another quote by Sir William Ramsey says that in the Bible 'Luke is a historian of the first rank; not merely are his statements of facts trustworthy; he is possessed of the true historic sense...In short this author should be placed along with the very greatest of historians.'

Far from disproving the Bible, archaeological research seems to be strengthening the Christian message of God's love for us and the world he created.

**Via The Association for Church Editors**

# St. Andrew's 100 Club

*You have to be in it to win it!*

The May draw took place on 28th May when Valerie Thompson drew the following numbers:



- |           |                |         |
|-----------|----------------|---------|
| 1) No 81  | Tim Cooke      | £121.50 |
| 2) No 83  | John MacLennan | £60.75  |
| 3) No 102 | Ann Sinclair   | £20.25  |

With £202.50 going to Church Funds."

***Kathleen Hopper***

## From the Church Register

*Events in life's Christian journey*

### BAPTISM

GRIMSHAW-AKINBOLU

In church on 30th April 2023,  
by Mrs Valerie Taylor.  
Sebastian Kofi and Blake Roberta,  
infant son and daughter of  
Kate Grimshaw and Femi Akinbolu.

### MARRIAGE

GUY – AMES

In church on 7<sup>th</sup> May 2023,  
by Dr Ann Sinclair.  
Joshua James Guy to Katy Louise Ames.

### DEATH

PARKER

Jacqueline, aged 85 years,  
on 9<sup>th</sup> May 2023.  
Service and committal at Whitley Bay  
on 31<sup>st</sup> May, conducted by Mrs Valerie Taylor.



# Northern Synod Prayer Diary

*Joining in our weekly prayers  
with the wider URC*



2	General Assembly (30 June – 3 July); Moderator the Revd Fiona Bennett; Moderator-Elect the Revd Dr Tessa Henry-Robinson; Church House staff.
9	St Andrew's, Monkseaton.
16	Synod Field Team: Ecumenical & Inter-faith Officer Andy Lie; Youth Work Advisor John Stephenson; Children's Work Advisor Hannah Middleton; Safeguarding Officer Matt Knowles; Safeguarding Support Officer Paula Kitson; Learning and Development Officer Mrs. Lucy Cooke
23	St Columba's, North Shields; the Revd Dr Trevor Jamison.
30	St Cuthbert's, Heaton; St George's, High Heaton; the Revd Dr Grant Wilson.

## From the Book of Remembrance

*Remembering those who have gone before us*

Alfred Edward Corby

Edith Walton

Kenneth George Tancock

Doris May Heighton

(Revd) David Idris Owen

George Nicholson Hay

John & Isabella Thompson

Lilian Alex Masterman

Joyce Marion Masterton Malloch

Sarah Jane Laybourn

Shirley Lilico Corrigan

Peter Sayce

# July Rotas

*All change on the duties front!*



<b>Elders:</b>	<b>Vestry</b> Catriona Fenwick; <b>Reception</b> Iain Ord; <b>Communion</b> Carole Mallett	
<b>Stewards:</b>	<b>Vestibule</b> Geoff Mills; <b>Finance</b> Andrew Cooke	
<b>Sunday 2nd</b>	<b>Preacher</b> Ann Sinclair	<b>Organ</b> Paul Hartley
	<b>Readers</b> J. Hooper, K. Ames	<b>Prayers</b> Chris Hales
<b>Tuesday 4th</b>	<b>Prayers</b> Ray Hammond	
<b>Sunday 9th</b>	<b>Preacher</b> Val Taylor	<b>Organ</b> Helen Storey
	<b>Readers</b> B. Burgess, S. Pine	<b>Prayers</b> Val Taylor
<b>Tuesday 11th</b>	<b>Prayers</b> Una Ketteridge	
<b>Sunday 16th</b>	<b>Preacher</b> Ann Sinclair	<b>Organ</b> Paul Hartley
	<b>Readers</b> C. Purves, M. Christopher	
	<b>Prayers</b> Andrew Cooke	
<b>Tuesday 18th</b>	<b>Prayers</b> Carole Mallett	
<b>Sunday 23rd</b>	<b>Preacher</b> Val Taylor	<b>Organ</b> Paul Hartley
	<b>Readers</b> A. Hammond, R. Hammond	
	<b>Prayers</b> Ann Hammond	
<b>Tuesday 25th</b>	<b>Prayers</b> Sue Ames	
<b>Sunday 30th</b>	<b>Preacher</b> Louise Sanders	<b>Organ</b> Alex
	<b>Readers</b> K. Hopper, C. Fenwick	
	<b>Prayers</b> Una Ketteridge	

## August Newstand

The next edition of Newstand will be out on 30th July.  
Due us having a few days away at the end of July,  
**please have contributions to Tim by 22nd July.**

# Church Calendar for July / August

Sunday services are broadcast via YouTube for those not able to attend in person or just to watch again in your own time (search for "monkseatonurc").

Following Sunday morning worship, refreshments are served in the Main Hall.

**Midweek Worship:** Tuesday 10 am followed by Open Door Coffee Morning.

**Open Door Coffee Morning:** Thursday 10.30 am - Noon.

Saturday	1	Coffee Morning	10.00 am
		Flower Team Concert - Newcastle Concert Band	7.30 pm
<b>Sunday</b>	<b>2</b>	Singing Group meets	10.15 am
		<b>Communion Service; Dr Ann Sinclair</b>	<b>11.00 am</b>
Tuesday	4	Worship Group Meeting	7.00 pm
Friday	7	Executive Team Meeting	10.00 am
<b>Sunday</b>	<b>9</b>	<b>'Let's Sing' – Mandy Watson</b>	<b>9.30 am</b>
		<b>Prayer Group – Mandy Watson</b>	<b>10.30 am</b>
		<b>Morning Worship; Mrs Valerie Taylor</b>	<b>11.00 am</b>
Tuesday	11	Finance Team Meeting	10.30 am
Friday	14	Film Club – 'Ticket to Paradise'	2.00 pm
Saturday	15	Play Reading Evening	7.00 pm
<b>Sunday</b>	<b>16</b>	Singing Group meets	10.15 am
		<b>Morning Worship; Dr Ann Sinclair</b>	<b>11.00 am</b>
<b>Monday</b>	<b>17</b>	<b>Monday Afternoon Service</b>	<b>2.00 pm</b>
Thursday	20	NO Italian class today	—
		Elders' Meeting	7.30 pm
<b>Sunday</b>	<b>23</b>	Singing Group meets	10.15 am
		<b>Morning Worship; Mrs Valerie Taylor</b>	<b>11.00 am</b>
<b>Monday</b>	<b>24</b>	<b>Activities Team Meeting</b>	<b>2.00 pm</b>
<b>Saturday</b>	<b>29</b>	<b>Ordination and Induction of Mrs Louise Sanders</b>	<b>2.00 pm</b>
<b>Sunday</b>	<b>30</b>	Singing Group meets	10.15 am
		<b>Morning Worship; Revd Louise Sanders</b>	<b>11.00 am</b>
		<b>Farewell Service for Synod Moderator Revd Dave Herbert at St James's URC, Newcastle</b>	<b>3.00 pm</b>
<b>AUGUST 2023</b>			
Saturday	5	Granny's Attic Coffee Morning (see pg. 14)	10.00 am
<b>Sunday</b>	<b>6</b>	<b>Communion Service; Revd Louise Sanders</b>	<b>11.00 am</b>

# Pause in this moment

A place for  
prayers,  
thoughts  
and poems

## **Peace Plea**

*Adapted from a prayer by Origen (184-253AD)*

*Tune: Franconia ('Blest are the pure in heart')*

Let us pray that Jesus  
May sure reign over us  
And that our land may be at peace  
That wars and conflicts cease

That our bodies may be  
Free from assaults fleshly  
Desires that us into sin lead  
Your graces, Lord, we need

When these have ceased, we shall  
Be able to rest well  
Beneath our vines, fig-trees, olives  
Blessed with the peace God gives

Those idylls of plenty  
Father, Son, Spirit, He  
Will shelter us as we rest, gain  
We peace of mind again

**Steve Rolling**

